

CLUB PROJECTS 2020-2021



Community Service Projects

BABY SHOWERS WITH THE HOMELESS PRENATAL PROGRAM: We stuff diaper bags with items that all new mothers need, and then give them as gifts at baby showers for homeless expectant mothers as they graduate from prenatal and parenting classes offered by the Homeless Prenatal Program. Club members are welcome to participate at all of these quarterly events. Members also crochet and knit baby blankets for these new mothers.

HOMELESS HEALTH AND NUTRITION: We work with Catholic Charities to assemble hygiene and nutrition kits. The kits are distributed to homeless individuals and families as outreach towards permanent housing.

FOOD SECURITY AND FRIENDS LIKE ME: We work with the staff and clients (adults with intellectual and developmental disabilities) of The Arc of San Francisco to share a dinner once a month. During the pandemic we package and deliver meals to ensure clients have enough nutrition and can participate in The ARC's "virtual" Monday night dinners. We will return to in-person Monday night dinners when conditions permit.

BIKE BUILD: Once each spring we assemble shiny new bicycles and give them to third- and fourth-graders at San Francisco Public Schools, along with helmets and locks. The San Francisco Police Department provides safety training. The Salvation Army provides a nutritious lunch. There are volunteer opportunities on the planning committee and at the Bike Build event.

DICTIONARY PROJECT: We visit San Francisco public elementary schools to give third graders brand new hard-bound dictionaries and teach them how to use them. This is the first book that many of these third graders own. There are many opportunities to participate throughout the school year.

EMERGENCY SERVICES DAY: Once a year we honor members of the San Francisco Police Department, the Fire Department, the Sheriff's Department, and the local US Coast Guard. This special luncheon event has been one of our most popular programs since it began in 1987. There are volunteer opportunities on the planning committee and at the next Emergency Services Day to be held in 2021.

SALVATION ARMY: Club members and friends package and deliver meals to homeless people throughout our City. We provide a safe environment to bag and distribute food to the homeless in our neighborhoods. And we also help with Bell Ringing during the Holiday Season.

ROTACARE BAY AREA: RotaCare Bay Area provides free healthcare services to uninsured families and individuals with limited ability to pay. There are clinics throughout the Bay Area. RotaCare is volunteer-driven and it receives zero government support. Volunteer duties include working onsite at clinics, running reports, writing grants, and more. These and other projects can be done remotely.

SOCKS AND MORE SOCKS: Our Club works with the Homeless Prenatal Program, the San Francisco Fire Department, and the San Francisco Police Department to distribute 1,500 pairs of new socks to our homeless neighbors every year. Club volunteers deliver socks to our partner organizations three times a year.

SF-MARIN FOOD BANK: Club members serve the Food Bank by packaging groceries, delivering grocery bags within the neighborhoods, working the drive-through line, and stocking shelves.

SUTRO STEWARDS: We created Rotary Meadow as a centerpiece for the Sutro Forest and have helped sustain it over the years. Volunteers can work anytime by scheduling themselves during the week or volunteering for a Saturday Club work effort. Typical work involves weeding, removal of invasive species, etc.

Youth Leadership Projects

BOY SCOUTS IN THE TENDERLOIN: We work with Salvation Army's Kroc Center to sponsor a Boy Scout Troop for at-risk youth focused on the outstanding programs of the Boy Scout curriculum. Club volunteers provide leadership for troops and assist with Scout programs

INTERACT: We sponsor Interact Clubs (Rotary for high school students) at Lowell High School, George Washington High School and St. Ignatius High School. Interact Clubs teach leadership skills and the value of service, and provide social engagement opportunities. There are many ways in which Club members can serve and assist.

ROTARACT: We sponsor a city-wide Rotaract Club (Rotary for young adults) to provide service opportunities, social engagement, and leadership development for young adults. Our Club members provide mentorship and play many other roles.

ACTION LEADERSHIP PROGRAM FOR STUDENTS (ALPS): ALPS is a new initiative pairing Rotarians as experienced facilitators and guides with youth-generated community projects in the Bay Area or beyond. Members need to be trained in facilitation skills and leadership coaching to be matched with youth projects.

ROTARY YOUTH LEADERSHIP AWARDS: We conduct a 3-day intensive leadership camp for 220 high school students every spring. Students learn about their personalities, identities, and leadership styles, and how to use them when interacting with and leading others. Volunteers are needed on the planning committee, and in staff and counselor roles at the event.

International Service Projects

CLEFT LIP AND CLEFT PALATE SURGERIES: We support Alliance for Smiles and Rotaplast, which offer free surgeries to children around the world with cleft lip and cleft palate. Club members support local operations and participate on international surgical missions.

LAND MINE ERADICATION: We partner with Roots of Peace to convert fields of land mines to fields of crops.

POLIO ERADICATION: In 1985 Rotary made a commitment to eliminate polio from the world. At that time, there were 350,000 new cases every year. We are now "this close" to wiping out polio: there were only 33 new cases world-wide in 2018. Club members participate in National Immunization Days in targeted countries.

WORLDWIDE ROTARY DAY: We honor the Consular Corps of San Francisco at a special luncheon every year. There are volunteer opportunities on the planning committee and at the event.

SUPPORTING YOUTH AND ENDING GENDER-BASED VIOLENCE: In a joint project with ALPS, we work with a youth group in Kenya to fight gender-based and domestic violence with hotline telephone services, psycho-social support, and educational materials.

Vocational Service Projects

BUSINESS NETWORKING: People do business with people they know. We hold networking events where members get to know each other better and connect by discussing their careers and businesses, and sharing advice.

PROFESSIONAL DEVELOPMENT: Members discuss topics of the day, from COVID-19 to career development, on Zoom and at in-person meetings.

Club Service Projects

LUNCHEON MEETINGS: There are volunteer opportunities at every meeting (including virtual meetings) ranging from greeting people as they arrive to writing up minutes and taking photos. Club members are welcome to join the Speaker Committee, which plans and organizes the programs presented at our luncheon meetings.

WEBSITE AND COMMUNICATION: We maintain a Club website, interact with social media, and publish a weekly newsletter. There are volunteer opportunities in all of these areas.

SOCIAL EVENTS: We offer a variety of social events where Club members have fun and learn new skills. During the pandemic these are usually held via Zoom. Club members are welcome to create social events.